



HIGHLAND OPHTHALMIC LIST

UPDATED 03 SEPTEMBER 2025

OPHTHALMIC MEDICAL PRACTITIONERS

Optom	Address	Telephone No	Hours of Business
	None at present		

DOMICILIARY SERVICES

Optom	Address	Telephone No	Hours of Business
Amanda Nasser	McClintock Home Eyecare (33659) Creag House 2 Quarry Road Lossiemouth IV31 6DL	01309 673635	By Arrangement Amanda.nasser@nhs.scot
Andrew Haney	Mobileyez (46082) 5 Bridgeway Glasgow G66 3HW	07764 713764	By Arrangement a.haney@nhs.scot
Body Corporate	Glasgow Specsavers Domiciliary Ltd (16368) Trinity House 14-18 East Shaw Street, Kilmarnock KA1 4AN	0141 420 1481	By Arrangement GGC nhsmail ci.optom.op20860@nhs.scot
Body Corporate	Aberdeen Specsavers Domiciliary Ltd (18506) 56-58 Union Street Aberdeen AB10 1BB		01224 641234 Grampian nhsmail optom.sshealthcall50217@nhs.scot
Al-Naeme Ghaith	Connect Eyecare (54122) Unit 52-53 Cloud Building 37 Rosyth Road Glasgow G5 0YE	0141 899 0027	By arrangement GGC nhsmail ci.optom.op54083@nhs.scot
Body Corporate	Visioncare at Home (39223) 50 Speirs Wharf Glasgow G4 9TH	0141 332 0057	By Arrangement GGC nhsmail ci.optom.op35350@nhs.scot
Sharon Glass	The Outside Clinic (56360) Stirling House 10 Viscount way Swindon SN3 4TN	01793 610252	By Arrangement nhsh.goc56360-clinical@nhs.scot

Optom	Address	Telephone No	Hours of Business
Craig Jamieson	Eyeworks Opticians at Home (60105) 3B Greenhills Square East Kilbride G75 8TT	01355 274527	By Arrangement Lanarkshire Nhs mail ci.optom.clinicaleyeworksoptician59978@nhs.scot
Duncan Robertson	Duncan Robertson Optometrist 77 Spires Crecent (56093) Nairn IV12 5PZ	07584 493198	By Arrangement nhsh.goc56093-clinical@nhs.scot

NORTH & WEST DIVISION

CAITHNESS

Optom	Address	Telephone No	Hours of Business
Anum Khan	Duncan & Todd and Hearing Care Ltd (56530) 3 Sir George's Street Thurso KW14 7AW PM Georgina Sprenger	01847 896122	Mon, Tues, Wed+ Friday 8.45 – 1.00 1.45 – 5.00 Thursday 8.45 – 1.00 1.45 – 7.15 Nhsh.goc56530-clinical@nhs.scot
Scott Hull	Duncan and Todd (33308) 22 Thurso Street Wick KW1 5LF PM Kristin Murray	01955 603447 Fax 01955 606248	Mon - Fri 9.00 – 1.00 2.15 – 5.30 Nhsh.goc33308-clinical@nhs.scot
Ian Morris	Specsavers Opticians (49250) 34 Bridge Street Wick KW1 4NG	01955 609939	Mon – Sat 09.00 – 17.30 Nhsh.goc49250-clinical@nhs.scot

EAST & WEST SUTHERLAND

Optom	Address	Telephone No	Hours of Business
Donald Goskirk * Colin Pettinger * Mary Nicol Susan Howie David Walker Sam Goskirk	Goskirk Pettinger (26963) Main Street Golspie KW10 6RA Durness, Kinlochbervie, Lochinver, Scourie and Tongue	01408 633448	Mon – Fri: 9.00 – 1.00 2.00 – 5.00 By Appointment Only nhsh.goc26963-clinical@nhs.scot

SKYE AND LOCHALSH

Optom	Address	Telephone No	Hours of Business
Hannah Einarson	Duncan & Todd (44098) T/As J M MacDonald Unit 4, Kings House Bridge Road Portree Isle of Skye IV51 9BT PM Emil Petrica	01478 612644	Mon – Fri: 9.00 - 1.00 2.00 - 5.30 Sat 9.00 – 4.00 nhsh.goc44098-clinical@nhs.scot
Margaret Steventon	M Steventon Optometrists (42779) 3 Latheron Centre Ullapool IV26 2XB	01854 612149	Mon By Arrangement Tues / Wed GP access Fri 9.00 – 5.30 Nhsh.goc42779-clinical@nhs.scot
Craig Campbell	Craig R Campbell Opticians (52413) Main Street Kyle of Lochalsh IV40 8AB	07708 806820 01599 530022	Mon – Fri 9.00 – 5.30 Lunch 1 – 1.30 nhsh.goc52413-clinical@nhs.scot

ROSS & CROMARTY AND WEST NESS

Optom	Address	Telephone No	Hours of Business
Hugh Campbell Angela Critchley	Campbell Eyecare Ltd (16295) 36 High Street Alness IV17 0PS	01349 882863 Fax 01862 894198	Mon – Fri 9.00 – 1.00 2.00 – 5.30 Nhsh.goc16295-clinical@nhs.scot

Hugh Campbell Angela Critchley	Campbell Eyecare Ltd (16300) 28 – 30 Tower Street Tain IV19 1DY	01862 892559	Mon – Fri 9.00 – 5.00 Nhsh.goc16300-clinical@nhs.scot
Calum Fraser Natalie Murray	Fraser Optical (39859) 1 Aird House High Street Beaully IV4 7BS	01463 782323	Mon – Fri 9.15 - 5.00 Nhsh.goc39859-clinical@nhs.scot
Donald Goskirk * Colin Pettinger * Mary Nicol David Walker Sam Goskirk	Goskirk Pettinger (16342) Lockhart House Tulloch Street Dingwall IV15 9RZ	01349 863376	Mon – Fri 9.00 – 5.00 Lunch 1.00 – 2.00 Nhsh.goc16342-clinical@nhs.scot
Gavin Wreath * Philippa Sharp Ryan Gilmore Assara Shaban Qasim Ali Andy Carr	Specsavers Opticians (36592) 16/17 High Street Dingwall IV15 9RU PM Sarah Wreath	01349 869850 Fax 01349 869852	Mon – Sat 9.00 – 5.30 Nhsh.goc36592-clinical@nhs.scot
Frances Jamieson	Black Isle Optician (54017) 2 Old Post Office Buildings Avoch IV9 8PP	01381 620284	nhsh.goc54017-clinical@nhs.scot

LOCHABER

Optom	Address	Telephone No	Hours of Business
Ian Fleming	Fleming and Fleming (32417) 92/94 High Street Fort William PH33 6AD	01397 702973	Mon – Fri 9.00 – 1.00 2.00 – 5.30 Saturday 9.00 – 1.00 Nhsh.goc32417-clinical@nhs.scot

SOUTH & MID DIVISION

INVERNESS

Optom	Address	Telephone No	Hours of Business
Chee Han Ang	Asda Opticians (43432) Ivanhoe Avenue Inverness IV2 6BD PM Lauren Watson	01463 832159 FAX 01455 545715	Mon – Sat 9.00 – 8.00 Sunday 9.00 – 6.00 nhsh.goc43432-clinical@nhs.scot
Charles Hall	Hall Opticians (48042) 1 Bow Court 72 Church Street Inverness IV1 1HB	01463 222866	Mon – Sat 9.00 – 5.00 Closed for lunch 1-2 pm Nhsh.goc48042-clinical@nhs.scot
James Johnston Sohail Kiani Mohammed Ali Bernadette McMillan Shona Pringle Rachel Cuthbert-Henderson	Boots Opticians Ltd (38900) 16-28 Eastgate Inverness IV2 3NA PM Nadine MacNaughton	01463 713673	Mon, Tues, Wed, Fri Sat 9.00 - 5.00 Thurs 9.00 - 7.00 Sunday Closed Nhsh.goc38900-clinical@nhs.scot
Ruth Clayton Natalie Murray	Duncan and Todd (29589) Trading as J M MacDonald & Partners 8 View Place Inverness IV2 4SA PM Darren Rainbow	01463 231975	Mon – Fri 9.00 – 5.30 Saturday 9.00 – 4.30 Nhsh.goc29589-clinical@nhs.scot
Ailsa MacInnes Philippa Sharp	Ailsa MacInnes Optometrists (16481) 50 Hill Street Inverness IV2 3AU	01463 729200	Mon, Tues, Thurs, Fri 9.00 – 5.30 Wed & Sat 9.00 – 2.30 Nhsh.goc16481-clinical@nhs.scot
Donald Goskirk * Colin Pettinger * David Walker Anna MacSween Joel Somerville Sam Goskirk	Goskirk Pettinger (42973) 77 Academy Street Inverness IV1 1LU	01463 222851	Mon – Fri 9.30 – 6.00 Sat 10.00 – 4.00 Nhsh.goc42973-clinical@nhs.scot
Raymond McMillan Paul Morrison	Optical Express (32522) 58 High Street Inverness IV1 1JE PM Emma Fielder	01463 713326 FAX 01463 248865	Mon – Sun 9.00 – 5.30 Nhsh.goc32522-clinical@nhs.scot

Ellen Torrance Andrew Carr Rebecca Carr Deirdre Newcomen Suzie Macpherson Kooi Li Lim Shaminder Ajrawat Allana Bennett Joy Uwaechia Priscilla Imobighe	Specsavers Opticians (16473) 44-48 High Street Inverness IV1 1JE PM Andrea Farrelly	01463 241341 Fax 01463 232250	Mon to Wed 9.00 - 5.30 Thurs 9.00 - 7.30 Fri: 10.00 - 5.30 Sat. 9.00 - 5.00 Nhsh.goc16473-clinical@nhs.scot
Filip Brauer	Vision Express (51069) Tesco Extra Store (096) Inverness Retail Park 1A Eastfield Way Inverness IV2 7GD PM Tanya Kostova	01463 217056 07834 977272 FAX 01463 232609	Mon – Sat 9.00 – 6.00 Sunday Closed Nhsh.goc51069-clinical@nhs.scot
Ryan Gilmore	Vision Express (51077) Inshes Tesco Extra Store Inshes Retail Park Milton of Inshes Inverness IV2 3TW PM Robert Young	01463 535123	Mon, Wed, Thurs Fri 9.00 – 6.00 Tues 9.00 – 7.00 Sunday 10.00 – 5.00 Nhsh.goc51077-clinical@nhs.scot

Optom	Address	Telephone No	Hours of Business
Amy Hughes Hamid Yousaf Aqeel Adam	Vision Express (16449) Unit 31 (051) Eastgate Centre Inverness IV2 3PP PM store.051manager@visionexpress.com	01463 715437 FAX 01463 715440	Mo, Th + Fri 9.00 – 5.30 Saturday 9.00 – 5.30 Sunday 10.00 – 5.00 Nhsh.goc16449-clinical@nhs.scot

NAIRN AND ARDELSIER

Optom	Address	Telephone No	Hours of Business
Duncan Robertson Kevin Ramsay	Duncan & Todd (28583) 109 High Street Nairn IV12 4DB PM Lorna McPartlin	01667 453426	Mon, Tues, Thurs, Fri 9.00 – 1.00 2.00 – 5.30 Wed & Sat 9.00 – 1.00 Nhsh.goc28583-clinical@nhs.scot

Keith Laird	Keith Laird Eyecare (48759) 8A Leopold Street Nairn IV12 4BE	01667 456487	Tues – Fri 9.00 – 5.00 Closed for lunch Sat 9.00 – 1.00 Sun/Mono Closed Nhsh.goc48759-clinical@nhs.scot
Body Corporate Marc Carmichael	Specsavers (50071) 57 High Street Nairn IV12 5RW	01667 454519	Mon – Sun 9.30 – 5.30 Nhsh.goc50071-clinical@nhs.scot

BADENOCH & STRATHSPEY

Optom	Address	Telephone No	Hours of Business
David Veen Sarah Muir	Aviemore Opticians (33366) Unit 3, Myrtlefield Shopping Centre Grampian Road Aviemore PH22 1RH	01479 812777	Mon – Sat 9.30 – 5.00 Nhsh.goc33366-clinical@nhs.scot

ARGYLL AND BUTE

OBAN, LORN AND THE ISLES

Optom	Address	Telephone No	Hours of Business
John Wallace	John Wallace Optometrists 11/12 Argyll Square (18352) Oban PA34 4AZ	01631 563170 Fax 01631 562464	Mon – Fri 9.00 – 5.30 By arrangement Nhsh.goc18352-clinical@nhs.scot
John Wallace	John Wallace Optometrists Royal Bank Buildings (49852) Main Street, Bowmore Isle of Islay PA34 7JT	01631 563170	By arrangement one week per week Mail: 11/12 Argyll Square, Oban Nhsh.goc49852-clinical@nhs.scot
John Bottomley	Office 5, Unit 4 (47119) The Island Centre Crossapol Isle of Tiree PA77 6UP	01879 220633	By arrangement Nhsh.goc47119-clinical@nhs.scot

Carol Lekalake	Carol Lekalake Optometrists (30952) 6 George Street Oban PA34 5RX	01631 569924 Fax 01631 569924	Tues – Fri 9.00 – 5.30 First Sat of month 9.00 – 1.00 Carol.lekalake@nhs.scot
Fiona Cannon Zoe MacLeod Chloe Bond	Specsavers Opticians (31209) 70 George Street Oban PA34 5NN PM Ryan Tyrner	01631 567770 Fax 01631 567772	Mon – Sat 9.00 – 5.30 Nhsh.goc31209-clinical@nhs.scot

MID ARGYLL KINTYRE AND ISLAY

Optom	Address	Telephone No	Hours of Business
Donald Barr Hazel Currie Lindsey Irwin Annette Grier Rachael Barr	A G Barr Optometrists Ltd 58 Longrow (18247) Campbeltown PA28 6DD	01586 554400 Fax 01586 554607	Mon – Fri 8.30 - 5.30 Nhsh.goc18247-clinical@nhs.scot
John Wallace	John Wallace Optometrists 36 Argyll Street (18378) Lochgilphead PA31 8NE	01546 602353	By arrangement Nhsh.goc18378-clinical@nhs.scot
Donald Barr Annette Grier Rachael Barr	A G Barr Optometrists Ltd (18255) Harbour Street Tarbert PA29 6UD	01586 554400	Two Weekdays a fortnight Nhsh.goc18255-clinical@nhs.scot

COWAL AND BUTE

Optom	Address	Telephone No	Hours of Business
Lesa Bradley	L & D Eyecare (18302) 194 Argyll Street Dunoon PA23 7AH	01369 703088	Mon – Fri 9.00 – 5.30 Saturday 9.00 – 1.00 Nhsh.goc18302-clinical@nhs.scot
Gillian Chambers	Stirling Optical (18328) 37 John Street Dunoon PA23 8BH	01369 706954 Also fax	Mon – Fri 9.00 – 5.00 Saturday 10.00 – 2.00 Nhsh.goc18328-clinical@nhs.scot
Nicola Coutts	Island Opticians (45581) 18 Tower Street Rothesay PA20 0BZ	01700 504548	Mon, Wed + Th 9.45 – 4.00 Other days closed Nhsh.goc45581-clinical@nhs.scot

HELENSBURGH AND LOCHSIDE

Optoms	Address	Telephone No	Hours of Business
Michelle Beavers * Lucy McKenna Julie Ferguson	Helensburgh Eyecare (29830) 46 Sinclair Street Helensburgh G84 8TQ PM Claire Spendlow	01436 674164 Fax 01436 674164	Mon – Fri 9.00 – 5.30 Thursday 9.00 – 7.00 Sat 9.00 – 5.00 Nhsh.goc29830-clinical@nhs.scot
Kirsty Skinner Emma Stewart	2020 Opticians / Duncan & Todd (52811) 7 Sinclair Street Helensburgh G84 8SR PM Sarah McCathy	01436 674141 Fax 01436 673335	Mon – Fri 9.00 – 5.30 Saturday 9.00 – 5.00 Nhsh.goc45379-clinical@nhs.scot
Elaine Friel Philip Barlow ** Ros Rainey * Marianna Coia	Boots Opticians (48050) 9 West Princes Street Helensburgh G84 8TF	0345 125 3758 01436 670157	Mon – Fri 9.00 – 5.00 Sat 9.00 – 2.00 Sun Closed Nhsh.goc48050-clinical@nhs.scot
Michael Griffin * ** Erin Stewart Heather Black	Specsavers Opticians (53312) 16 East Princes Street Helensburgh G84 7QA PM Erin / Joleen	01436 648823	Mon – Fri 09.00 – 5.00 Sat 09.00 – 2.00 Sun Closed Nhsh.goc53312-clinical@nhs.scot

* Prescribing optom

** Non Highland Hosted Part 1 Optom